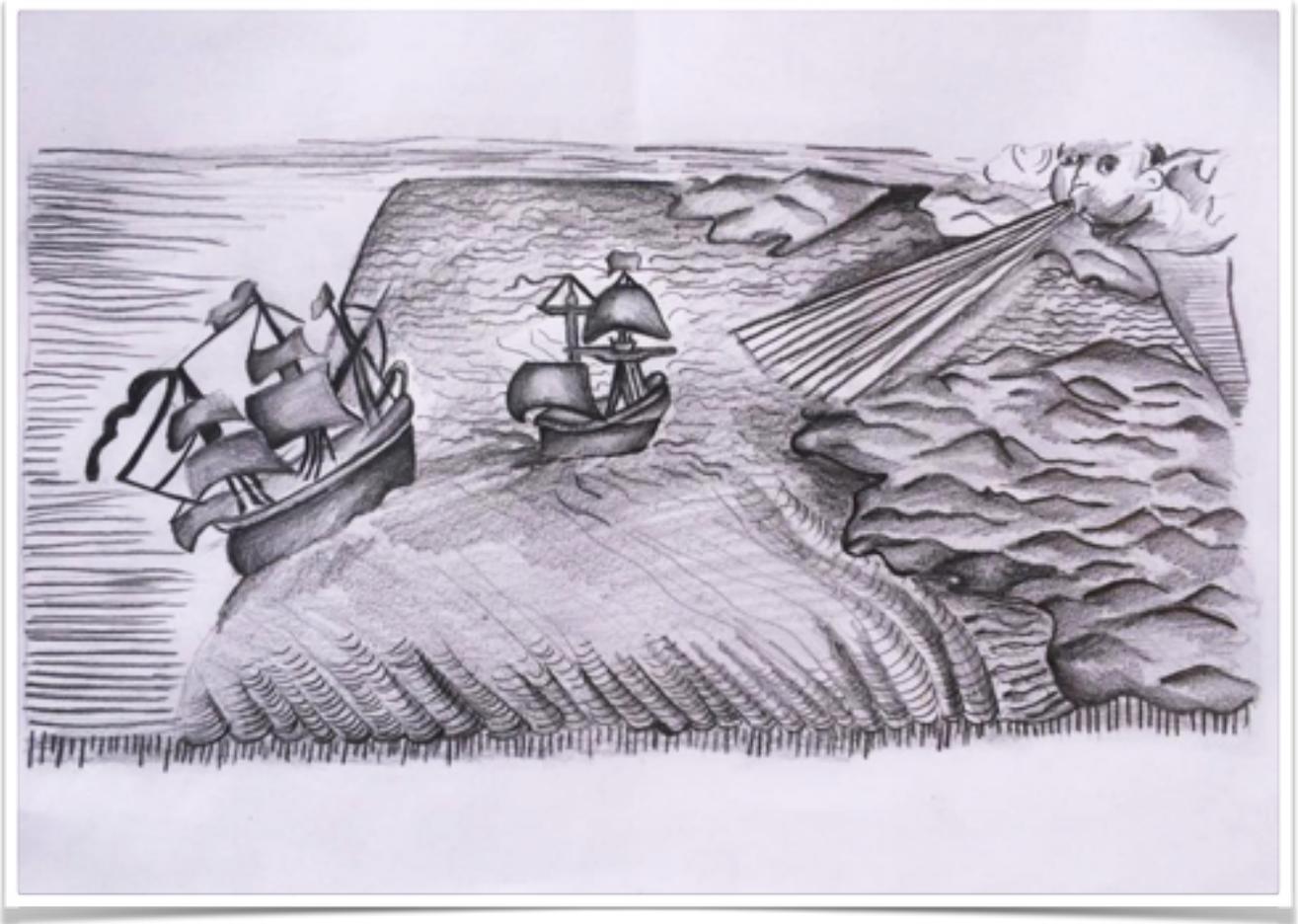

Geocentricity in Metaphor

1st Degree Paper for *The Historia Illius Itineris*

Andrew T. Austin - 27 June 2015

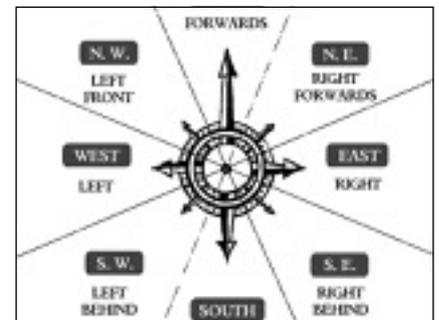
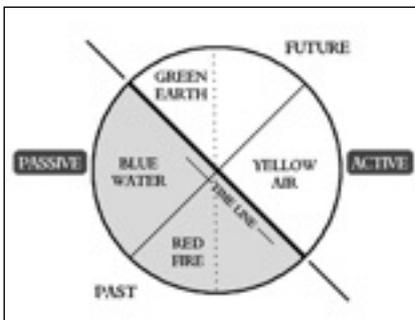


Introduction

It has been observed that the metaphoric plane is both geocentric and geo-specific, two qualities that at first glance may appear to be contradictory.

1. **Geocentricity.** The individual is always at the exact centre of their metaphoric universe, no matter where or how far they move. The common failure at observation of this geocentricity manifests in Boundary Violations such as “the boundary violation of associated identity” where the person as observer has placed a projected self into the centre and as observer (*true self*) appears to be off-centre.

2. **Geo-specificity.** Upon elicitation the metaphoric plane remains geolocated (synchronised to physical space) to the physical environment in which the elicitation took place. Thus to move the person in physical space will also move the person



through the metaphoric plane.

Experimentations (i)

In a suitable open space perform metaphor elicitation on any subject (also known in such non-clinical/ therapeutic settings as “*opening the metaphoric plane*”). Open the metaphoric plane out to the horizon of each quarter, filling in as many details as possible.

Note: *An altered state of conscious, i.e. physiological trance state is useful for this exercise.*

Physically move through the physical plane as you inwardly keep track of the metaphoric plane and observe what happens.

The distances involved in movement may not equate in a linear scale between the two planes. A small movement in the physical plane may correspond to a enormous distance in the metaphoric plane and vice versa.

Watch for physiological sensations, emotional changes and intellectual/psychological occurrences (for instance - a sudden thought about something seemingly irrelevant, such as "Did I switch the oven off?") Be sure to record all your observations in your diary.

Experimentations (ii)

Once you are easily able to keep the metaphoric plane open as you move through physical space, observe if there are different distance ratios in the different quadrants.

For example, is the distance ratio in the forward direction more equal than when going backwards.

Does stepping backwards give the same ratio as first turning to face the rear, then stepping forward? And so on.

Experimentations (iii)

Experiment to find what mental shifts you need to make to either maintain egocentricity of the metaphoric plane and what you need to do differently to allow it to move with you. You may find it difficult to describe these mental shifts and experiences directly, so it may be easier to record them using metaphoric language.

Experimentations (iv)

Results from this experiment will be best if you have already mastered the previous three. The aim of this exercise is to notice the variations that occur when you intentionally create boundary violations in the metaphoric plane.

Having opened the metaphoric plane, elicit the landscape that surrounds you.

Should there be a high wall or other obstruction (a pitfall, a fire, an ocean etc) in front of you in the metaphoric plane, physically move forward through it. Observe closely what occurs in the metaphor in order for this to happen. What are the mechanisms involved. Also observe carefully all physiological, mental and emotional changes. Many phenomena will be very subtle and so a heavily altered state of awareness will be most useful for this exercise.

Record carefully any observations and any changes that occur in the days that follow.

It should not be assumed that all changes will be in a single category, some may be positive, some may be negative and so on.